

CHALLENGING CONVERSATIONS



Turn every challenging conversation into an effective dialogue. Understand how to change your default mindset and behavior and learn techniques for a win-win result.

Have you ever had a difficult conversation with your boss or with your kids? Did you know that all difficult conversations have the same underlying pattern? This workshop is designed to build on the skills of listening, inquiry and effective dialogue. We will explore our most challenging conversations and develop awareness where we tend to get stuck. We will learn the underlying framework of all difficult conversations and practice using a set of tools that help us prepare a challenging conversation and transform it into a win-win dialogue. The workshop is highly interactive, offering many opportunities to engage in role play and put your new skills into practice!

OUTCOMES

You will

- build awareness around your default mindset and behavior when faced with a difficult conversation
- understand some of the typical “red flags” that crop up in all difficult conversations
- develop awareness of the underlying framework of all difficult conversations
- devise an action plan for what you need to stop doing and what you need to start doing
- learn effective techniques for getting “back on track” when the conversation is going poorly

Target audience

- Mid-level high potential female managers with at least 8 years of working experience and ideally 3+ years of leadership experience
- Max. 25 participants from different Advance member companies

Format

- One day workshop (1 credit per participant)
- Additional credits can be bought for 1'100 CHF per participant
- Language: English

Registrations

- Via the member area of the Advance website

FACILITATION



Malvika Singh is the founder of IMPACT, an international consulting and leadership development firm. She works with CEOs, senior executives, and teams in the areas of leadership development, culture change initiatives, high-performance team development, innovation, and one-on-one coaching. Malvika has worked as a consultant in the chemicals, financial, hi-tech, reinsurance, pharmaceutical, beverages, not for profit, and educational sectors. Her work focuses on the creation of innovation by design, and she specializes in working with individuals and organizations to create breakthrough results.



Advance Skill Building for Rising Leaders

The Advance Skill Building workshops equip talented women with the core skills, capabilities and leadership mindset that are critical to climb the corporate ladder. Every workshop is also an excellent opportunity to meet peers from different Advance member companies, allowing you to broaden your business network.

For more information, please contact the Advance workshop coordinator at contact@advance-women.ch / www.advance-women.ch